

# Need some help?



My name is Laura Platt and I'm a learning disability nurse.

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## Annual health screens




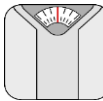




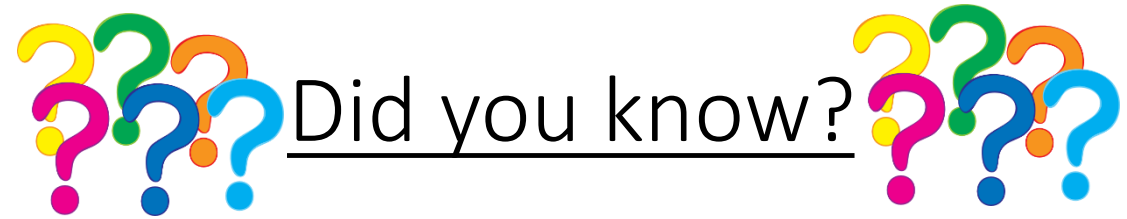
- Are you over 14 years of age?
- Do you have a learning disability?



If you answered yes to the above questions then you are entitled to a FREE annual health check with your GP!

# What might the GP do at my annual health check?

-  • Review your medication
-  • Ask questions about your health
-  • Take your blood pressure
-  • Weigh you and measure your height
-  • Check your ears for wax
-  • Make sure you're up to date with cancer screening
-  • Ask for blood or wee samples



- That you are entitled to reasonable adjustments in order to access health services such as the GP or hospital
- Easy read information is available about a wide range of conditions
- A health action plan may help improve your health
- That you need to ask your GP to be on the learning disability register to receive these entitlements