

# Stockport Foodbank



## All change at the Junction

Last Christmas time saw a frantic amount of activity as the Foodbank Centre at the Junction moved 200 yards down the road to St Martin's Church, opposite the Co-op. The shops at the top of Didsbury Road are scheduled for re development in the future, so when the opportunity of basing the Foodbank at St Martin's arose, it clearly made sense to make the move. The team are well established in their new home and look forward to welcoming everyone.

# “Now we can heat and eat, thank you”



Too many people in Stockport are faced with the stark choice between heating and eating. Now, thanks to the Trussell Trust and funding from the “Corporate Sector”, a fund has been set aside to help people meet short term difficulties with the cost of their gas and

electricity. Clients coming to our Foodbank centres with a red Foodbank voucher are asked a few simple questions regarding their meter and power supply and if it seems that they may qualify then an application is made on their behalf for a £49 voucher during the winter months and £30 in the summer.

**I've not been using much electric as we couldn't afford it, but now thanks to this payment the whole family can have a shower in the mornings.”**

Clients redeem their fuel vouchers at their normal pay point outlet and the award can be allocated to their gas or electric account or a combination of both. And as clients can apply for upto 3 vouchers in a 6 month period this on-going programme offers real support during the difficult times of the year.

So when the household budget is under strain and some harsh decisions are having to be made, we can now offer our clients a way through so that they can both heat *and* eat.

**‘My benefits have been delayed and I have no money. The foodbank is a real life-changer.’**

**‘Your help has made all the difference to our family – we're back on our feet now, thanks.’**

### How to contact Stockport Foodbank

#### On the phone:

Call 07483 115349 (or 0161 487 3370) during normal office hours

#### By email:

foodbank@stockportfoodbank.org.uk

#### Our website:

www.stockport.foodbank.org.uk

#### LIKE our Facebook page:

www.facebook.com/StockportFoodbank

twitter @Skptfoodbank





## Your help is invaluable

The support that we continue to receive from local companies in the form of food donations and volunteer time makes such a difference to our work. These contributions are so helpful and our thanks goes to all the recent volunteer teams as well as the scores of workplaces who so faithfully carry out food collections on our behalf. This help is so important to us and if you would like more details about how your company can be involved, please get in touch.

## Schools to teach about Foodbanks

The latest AQA syllabus for Religious Education now includes a section about Foodbanks and how they help in their local communities. Pupils are looking at the role of their local Church, with a particular focus on Foodbanks. If your School would like any input from Stockport Foodbank in this matter, please do let us know.



## Local runners support Stockport Foodbank

Runners of all abilities have been supporting Stockport Foodbank this year and we want to express our gratitude to: those who donate food every week at Bramhall parkrun; to the runners in the 10K runs and Marathons that take place around our area; the runners at the Mobberley run and those who join in the three Foodbank 5K runs that take place every summer. Thanks to you all for your brilliant support.



This is a great way of raising money for us whilst shopping on line – and it doesn't cost you a penny! Each of the participating on line retailers agree to make a charitable donation to us from your purchase – you just need to sign up to Give as you Live and then click the 'On' button that appears on your computer screen each time you shop at a participating outlet. For fuller details please go to <https://www.giveasyoulive.com/join/stockport-foodbank>

## There's a Stockport Foodbank centre near you

Stockport Foodbank is open 6 days a week at the following places:

- Monday** Hazel Grove Baptist Church  
St Martin's, Heaton Norris
- Tuesday** St Mark's, Bredbury
- Wednesday** Hazel Grove Baptist Church
- Thursday** Bairstow Centre, Reddish  
St Martin's, Heaton Norris
- Friday** Trinity Church, Cheadle  
Hazel Grove Baptist Church
- Saturday** Bairstow Centre, Reddish



plus our pick up food points in Offerton (Mondays to Wednesdays) and Bramhall (Monday, Wednesday and Friday).

For local maps please visit [www.stockport.foodbank.org.uk](http://www.stockport.foodbank.org.uk)



## Regular giving is so crucial

An increasing number of supporters now donate to the Foodbank on a regular basis through standing order. The significance of this cannot be underestimated - just £3 a month (or a one off

donation of £36) would give a 3 day food parcel to a family of 2 adults and 2 children. Regular income of this nature provides a bedrock of finance for our work and if you'd like to know more, and how your gift can be Gift-Aided, then please get in touch with us, or visit our web site [www.stockport.foodbank.org.uk](http://www.stockport.foodbank.org.uk) and click on the "Donate" button. Thank you.

